

2014 Cancer Biology Annual Retreat

Information & Logistics

Check-in	Friday, October 17	4 PM	Program starts at 5 PM
Check-out	Sunday, October 19	11 AM	Program ends at 11 AM
Location	The Stanley Hotel, 333 Wonderview Avenue, Estes Park, CO 80517 800-976-1377 / 970-577-4000 www.stanleyhotel.com		
Logistics	<p>The Stanley Hotel is located near the Rocky Mountain National Park, northwest of Denver, approximately 86 miles from the Denver International Airport (DEN).</p> <p>CABTRAC provides a transportation ride-share matching service to help facilitate ground transportation. Attendees who provide their flight details prior to October 1st can participate to be matched with someone arriving or departing on the same flights.</p>		
Rental Car	Rental cars are available at the airport. Please consider the 1 hour 45 minute to 2 hour 30 minute drive from Denver International Airport depending on route, construction, traffic and weather conditions.		
Airport Shuttle	<p>Estes Park Shuttle provides door-to-door service between the Denver International Airport and the Stanley Hotel. Rates are \$45 pp one way and \$85 pp round trip on four pre-scheduled trips per day: departing DEN to Stanley at 10am, 1 pm, 4pm and 7pm daily. Rides from the Stanley to DEN pick up during a 30 minutes window prior to the Estes Park departure times of 7am, 10am, 1pm and 4pm daily. Each way is approximately 2 hours. Reservations are required. www.estesparkshuttle.com (970) 586-5151</p> <p>CABTRAC has contracted with Horizon Coach Lines to provide a one-way shuttle from the Stanley Hotel to DEN on Sunday, October 19 departing at 11:30 am. This option is best for those who have scheduled their flight out of DEN after 3pm. The cost is \$30 pp and space is limited to the first 55 passengers who sign up. Please make reservations at http://cabtrac.org/meetings-and-events/2014-annual-retreat/airport-transportation-options/.</p>		
Driving Directions	Those driving from the Denver or Boulder area should obtain the latest information on closings and construction in the area before starting your drive. Go to: www.coloradodot.info/projects/floodrelatedprojects/us-36-lyons-to-estes		
Accommodations	<p>Rooms will be assigned at check-in. Graduate students and Postdocs will be assigned shared rooms unless a private room was reserved.</p> <p>All rooms include 42" flat screen TVs, telephone, hair dryers, iron and ironing boards and complimentary wireless-internet access.</p> <p>Availability of rooms outside the meeting dates may be available; the rate is \$144 per night including taxes and fees. If you would like to arrive earlier than October 17 or stay beyond October 19, please let us know as soon as possible.</p>		
Attire	All sessions will be casual. Due to the elevation, outside evening events may require a jacket.		
Meals	All meals are included beginning with dinner on Friday night through breakfast on Sunday morning. (Five meals total.)		

Altitude Located at 7,522 feet above sea level, Altitude Sickness may become a concern. Not getting adequate oxygen can cause headaches, loss of appetite, and trouble sleeping. Throughout your stay in Estes Park, remember to drink plenty of water, take it slow – don't over exert yourself, and eat plenty of carbohydrates.

Cancellations Last date to cancel with a full refund is **September 14**.

CABTRAC Activities Tours of the Stanley Hotel have been arranged for CABTRAC guests:
History Tour 2 pm on Friday, October 17
Ghost Tour 9 pm on Friday, October 17
Ghost Tour 1:30 pm on Saturday, October 18
History Tour 2 pm on Saturday, October 18
Space is limited to the first 20 pp who register for each. Tours are approximately 75-90 minutes and require pre-registration. Please only register for one tour.

Local Activities Other property tours can be booked directly on the Stanley's webpage:
www.stanleyhotel.com/tours

Estes Park Mountain Shop offers bike rentals and a climbing gym:
www.estesparkmountainshop.com/climbing-gym.htm

New Venture Cycling offers bike tours: www.newventurecycling.com

Golf may be available: <http://evrpd.com/golf-course-info>

Estes Park Museum – the area's history from the Ice Age to today. FREE.
www.colorado.gov/cs/Satellite/TownofEstesPark/CBON/1251607633259

Canoe and kayak rentals: www.estesvalleyrecreation.com/marina-rental-rates

Rocky Mountain National Park: www.nps.gov/romo/index.htm
Entrance fee \$20 per car, or free w/ National Park Pass